On Demand Fitness Classes FAQ

How do I access the on-demand fitness classes?
Check the email you will have received from us within 24 hours of purchasing your virtual membership. Check your spam in case you are not seeing the email in your inbox.

Welcome to SharePoint Online

To accept your invitation, sign in with a Microsoft account or an account assigned to you by your organization. By signing in you allow City of Eden Prairie to use your basic profile (name and email address) in accordance with their privacy statement. City of Eden Prairie has not provided links to their terms for you to review. You can remove these permissions at myapps.microsoft.com.

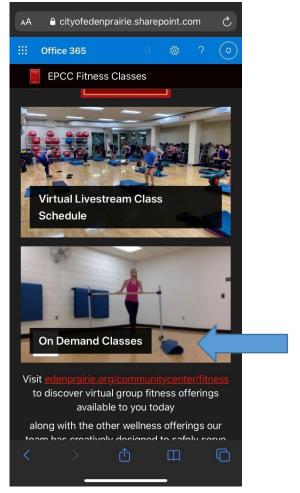




Don't have either account? Create a Microsoft account, it's quick and easy!

Legal | Privacy

2. Once signed in to Microsoft 365, you will be on the EPCC Fitness Classes virtual class page. Click on the photo icon titled "On Demand Fitness Classes." (page view from iPhone using Safari)



The site will then connect you to a listing of all recorded class formats. Click on any format to display available videos.

